Conefit^M AGENDA

Day 1 – Saturday, June 4th

	Basics & Clinical	
1:00-1:15	Introduction & OP Basics	
1:15-1:30	TFTF Summary; Movement adaptation examples; Assessment Overview	
1:30-1:45	Break-out Group Session I	
1:45-2:15	Break	
2:15-2:45	Overview of Posture, Balance, Transfers & Transitions BF exercises	
2:45-3:15	Break-out Group Session II	
3:15-4:00	Case Studies and Q&A	

Day 2 – Sunday, June 5th

	Basics	Clinical
10:00-11:10	Overview of 1 st Webinar	Overview of 1 st Webinar
11:10-11:15	Break	Break
11:15-12:30	Break-out Groups BF exercises & combining; case study; Q&A	Break-out Groups BF exercises BF exercises II
12:30-12:45		Break
12:45-1:30		Combining Exercises
1:30-2:00		Case studies; Wrap-up