



BoneSource®
for Clinicians



BONESOURCE ALERT

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Winter 2024 Issue

BHOFF UPDATES

BONE HEALTH RESOURCES

We are excited to share that this year marks the 40th anniversary of the Bone Health & Osteoporosis Foundation (BHOFF)! Our mission has never been more critical given the fact that osteoporotic fractures are responsible for more hospitalizations than heart attacks, strokes, and breast cancer combined. People's experience with osteoporosis varies greatly, but the good news is that it is a manageable disease.

[Interdisciplinary Symposium on Osteoporosis \(ISO2025\)](#)

Registration Now Open for ISO2025!

Join us at the [Interdisciplinary Symposium on Osteoporosis \(ISO2025\)](#), set to take place April 24-26, 2025, at the Capital Hilton in Washington, DC.

This premier event unites healthcare professionals, researchers, and advocates

ECHO SESSIONS



[BHOFF FLS Bone Health TeleECHO](#)



[Join Us for the FLS Bone Health TeleECHO Sessions!](#)

Mark your calendars for the FLS Bone Health TeleECHO (Extension for Community Healthcare Outcomes) project, held on the second Thursday of each month from 3:00 to 4:00 p.m. Eastern Time. These interactive, one-hour TeleECHO Clinic sessions feature case-based clinical discussions covering a wide

committed to advancing knowledge and improving osteoporosis and bone health practices.

Why Attend ISO2025?

- **Cutting-Edge Education:** Learn from leading experts through sessions that explore the latest research, treatment advancements, and emerging trends in osteoporosis care.
- **Networking Opportunities:** Connect with peers and industry leaders in organized networking sessions, interactive panels, and the engaging exhibit hall.
- **Specialized Workshops:** Participate in pre-conference workshops, such as FLS certification, to gain practical skills through hands-on learning experiences.
- **CME Credits Available:** Earn Continuing Medical Education credits while enhancing your expertise.

Don't miss your opportunity to be a part of ISO2025! Visit our [ISO2025 Registration page](#) and secure your spot today.

[Register Early for Discounted Rates:](#) Take advantage of significant savings with early registration—sign up soon!

We look forward to welcoming you to ISO2025 and collaborating

range of topics relevant to osteoporosis and bone health.

Why Participate?

- Earn free CME/CE credit
- Engage with and learn from experts in the field
- Share case studies and gain insights to enhance your practice
- Connect with a community of healthcare professionals dedicated to bone health

Don't miss this opportunity to expand your knowledge and improve patient care!

[Upcoming FLS Bone Health ECHO Sessions](#)

Thursday, December 12, 2024
Presenter: Tara Knight, DNPc, FNP-C
Join via the following link:
<https://echo.zoom.us/j/84646323774>

Thursday, January 9th, 2025
Presenter: Thomas Olenginski, MD
Join via the following link:
<https://echo.zoom.us/j/87280898791>

[Sign up here to join our email list](#) and receive information on FLS ECHO sessions as they are planned.

[Explore the Global Calendar of Bone Health ECHO Programs](#)

BHOF is excited to share the Global Calendar of Bone Health ECHO Programs, offering healthcare professionals around the world opportunities to engage in impactful bone health education and discussions. These programs are designed to expand knowledge, improve clinical practices, and enhance patient outcomes in osteoporosis and bone health care.

Stay Updated and Connected:

to advance osteoporosis care and bone health!

Explore the "40 Faces of Osteoporosis" Campaign

In celebration of the Bone Health & Osteoporosis Foundation's 40th anniversary, the "40 Faces of Osteoporosis" campaign brings to light real stories from individuals impacted by osteoporosis. This campaign features diverse experiences, highlighting the personal journeys of those who are living with this silent disease.

Why It Matters for Healthcare Professionals:

- **Personal Perspectives:** Gain insights into how osteoporosis affects patients' quality of life, reinforcing the importance of early detection, prevention, and comprehensive management.
- **Awareness and Advocacy:** Use these stories to inspire and educate your patients, colleagues, and community about the significance of bone health.
- **Practical Takeaways:** Learn from patient experiences to better understand the challenges and successes in osteoporosis care, and consider how these insights can inform your practice.

[Visit the Global Calendar](#) to explore upcoming sessions, register for programs that interest you, and join a global network of experts and peers dedicated to advancing bone health.

Elevate your clinical expertise and stay at the forefront of osteoporosis care with these valuable learning opportunities.

BONE NEWS & EVENTS/OPPORTUNITIES



The International Society for Clinical Densitometry (ISCD) Conference on Skeletal Health Assessment

February 20 – 22, 2025
Hilton Boston Park Plaza Hotel

The International Society for Clinical Densitometry (ISCD) is pleased to announce that their 2025 [ISCD Conference on Skeletal Health Assessment](#) (formerly known as Annual Meeting) will be held February 20 -22 in Boston, MA, USA. [Conference registration](#) is now open and early registration rates are available through January 16, 2025. Hotel rates have been negotiated at the [Hilton Boston Park Plaza Hotel](#) for all attendees. ISCD will offer a number of live educational courses in advance of and immediately following the conference at the same venue.

Explore the full campaign at [Bone Health & Osteoporosis Foundation](#) and join us in spreading awareness and support for those affected by osteoporosis.

ADVOCACY UPDATES

BHOF is pleased to announce the 2024 recipients of our national award to recognize Members of Congress who have demonstrated outstanding leadership, advocacy, and commitment to protect and improve the bone health of Americans. The 2024 Congressional Bone Health Champion Award winners are:

- Senator Maggie Hassan (D-NH)
- Senator Lisa Murkowski (R-AK)
- Representative Lisa Blunt Rochester (D-DE)
- Representative Julia Letlow (R-LA)

The full press release can be found [here](#).

Update on 2025 Medicare Physician Fee Schedule Final Rule and Osteoporosis Care

We wanted to share an update on the recently released 2025 Medicare Physician Fee Schedule Final Rule and its implications for osteoporosis care. Although the proposed G code for post-fracture care was

ISCD's conference will be offered as a single-track program which appeals to both clinicians and technologists. The program is designed to deliver the most current, clinically relevant, and evidence-based information on skeletal health assessment, as well as the prevention, diagnosis, and treatment of osteoporosis and fracture risk. Learners will improve competency in the research, prevention, diagnosis, treatment, and advances in bone densitometry and osteoporosis. Learn more on the [event website](#).

Postmenopausal Osteoporosis: Closing the Care Gap

Are you up to date on how to prevent or reduce secondary osteoporotic fracture rates in your patients?

Authors: Tara M. Knight, DNPc, MSN, BSN, FNP-C

1.0 CME / ABIM MOC / CE

[Please click here to begin the course.](#)

Osteoboost: A Novel FDA-Cleared Device for the Prevention of Bone Loss



Osteoboost is the first non-drug, [prescription](#) therapy for [postmenopausal women with osteopenia](#). This precision vibration therapy device, validated by a rigorous randomized controlled trial, provides a low-risk approach that supports your patient's current treatment

not included in the final rule, CMS acknowledged the fragmentation in post-fracture care—a positive milestone in our advocacy efforts. CMS considered both new and existing codes but concluded that they were not a fit, and unlike previous responses, CMS did not indicate that existing coding would suffice. Encouragingly, CMS mentioned that addressing this gap could be part of future rulemaking, providing a pathway for progress.

We're pleased to share that CMS finalized quality measures that will benefit osteoporosis screening and diagnostics, particularly for women's health. The "Screening for Osteoporosis for Women Aged 65-85 Years" measure is now included, and CMS has removed the previous DXA measure that discouraged osteoporosis screening in women under 65 without risk factors.

We understand the importance of CMS's rulemaking for advancing osteoporosis care and will continue to work with healthcare providers and patient advocacy groups to push for the inclusion of essential osteoporosis-related codes in future cycles. Please stay tuned for further updates.

BHOF RESOURCES

plan. In a randomized, double-blinded clinical trial conducted at the University of Nebraska Medical Center, Osteoboost reduced the loss of bone density in the spine by 85% and loss of bone strength in the spine by 83%. Read the [white paper](#).

Osteoboost is a wearable device, worn around the hips, that delivers personalized and targeted vibration therapy designed to mimic the mechanical benefits of high-impact exercise—stimulating bone health in a safe, accessible way. The intelligent system ensures a therapeutic dose of vibration energy is delivered to the hips and lumbar spine in daily 30-minute treatments. Patients can use Osteoboost at home or on a walk with friends, making it easy to integrate into their daily routine. Osteoboost complements exercise, nutrition, and other medical and lifestyle interventions, helping to reinforce a holistic approach to bone health.

Osteoboost gives medical providers a clinically proven option for patients, without risk of serious side effects. It addresses a critical gap in patient care, empowering you and your patients to manage bone health safely and effectively. Visit the [website](#) for more information.

NASA Integrates Echolight Devices for Bone Health Monitoring in Spaceflight Simulations

NASA has now equipped itself with Echolight devices to enhance bone health monitoring during spaceflight simulations. These advanced tools will allow NASA researchers to assess and track bone density and bone quality without the use of ionizing radiation, a crucial factor for astronauts who are at high risk of bone loss due to microgravity conditions.

The Echolight technology provides precise and real-time bone health assessments, supporting efforts to protect the skeletal health of astronauts during long-duration missions. This development underscores the importance of cutting-edge bone health monitoring for both

Continuing Education Made Easy with BHOF

BHOF is dedicated to supporting healthcare professionals and meeting your continuing education needs. We offer a wide range of continuing education (CME/CE) programs designed to enhance your bone health knowledge and clinical practice.

Our Professional Learning Center provides a convenient, centralized platform where you can access bone health education programs and easily track your participation to fulfill your licensure and professional requirements.

Stay informed and advance your expertise with BHOF's continuing education opportunities!

Now Available: FLS Training and Certificate of Completion (2024-2026)!

We're excited to announce that the updated BHOF Fracture Liaison Service (FLS) Training and Certificate of Completion for 2024-2026 is now open for enrollment! This comprehensive program is designed to address the clinical challenge of fragility fractures and provide healthcare professionals with effective strategies to implement the FLS model of care.

What You'll Gain:

- **Comprehensive Content:** Learn about the challenges and

space exploration and the advancement of osteoporosis care on Earth.

Read more about this exciting innovation [here](#).

New Study Highlights Effectiveness of Osteoporosis Treatment in Reducing Hip Fracture Risk for Both Women and Men

An NIH-funded study published in JBMR utilized VirtuOst BCT technology on patients within the Kaiser Permanente Southern California system, leveraging medical record data to examine the risk of a first hip fracture associated with osteoporosis drug treatment compared to no treatment in individuals with established osteoporosis.

Read the full study [here](#).

Bone Health and HIV: What You Need to Know

People living with HIV experience bone loss, weakened bones and broken bones more often than the general population. We offer a variety of educational programs to help you, whether you are living with HIV or helping clients or patients living with HIV.

Bone Health & HIV Health Educator Training

Course: This continuing education activity is intended for use by health professionals who participate in the care of patients at risk for or suffering from HIV, in the areas of primary care, endocrinology, geriatrics, gynecology, internal medicine, obstetrics, orthopedics, osteopathy, pediatrics, physiatry, radiology, rheumatology and physical therapy. This includes case managers, physicians, nurse practitioners, registered nurses, pharmacists, physician assistants, technologists, researchers, public health professionals and health educators with an interest in osteoporosis and bone health.

[Click here](#) to learn more and sign up.

New Medicare Advantage Coverage for Prolia®

barriers in clinical care, strategies for organizing, staffing, and structuring a successful FLS program, and best practices for managing patients with osteoporosis and increased fracture risk.

- **On-Demand Learning:** Access sessions and presentations from BHOF's Interdisciplinary Symposium on Osteoporosis (ISO2024) and complete the training at your convenience.
- **Certificate and CME Credit:** Earn a Certificate of Completion and continuing education credit for individual sessions as you enhance your expertise.

[Click here to advance your skills in osteoporosis care—register today](#) and take advantage of this valuable learning opportunity!

BoneSource

Discover BoneSource®: Your Professional Resource for Excellence in Bone Health Care

BoneSource®, the Bone Health & Osteoporosis Foundation's (BHOF) premier professional program, is dedicated to promoting excellence in the prevention, diagnosis, and treatment of osteoporosis. The BoneSource website offers a wide range of programs, tools, and resources tailored to the unique needs of healthcare

Effective May 1, 2024, Prolia® (denosumab) has been added as a preferred therapy to Humana's Medicare Advantage plans. Additionally, Humana has removed the zoledronic acid step from both their Coverage Policy and Step Therapy List for Medicare Advantage plans under the medical benefit.

For full prescribing information, including the Boxed Warning and Medication Guide, please visit:

- [Prolia® Prescribing Information](#)
- [Prolia® Medication Guide](#)

Prolia® REMS

A REMS (Risk Evaluation and Mitigation Strategy) is a program required by the Food and Drug Administration to manage known or potential serious risks associated with a drug product.

The purpose of the Prolia® REMS is to inform healthcare providers and patients about the following serious risk of:

- Severe Hypocalcemia in Patients with Advanced Kidney Disease

The Prolia® REMS program materials are designed to inform healthcare providers and patients about this risk with Prolia®. The Prolia® REMS program materials include a REMS Letter for Healthcare Providers and a Patient Guide. It is important that you discuss with each patient the information included in the Patient Guide.

Materials for Healthcare Providers

[REMS Letter for Healthcare Providers](#)
[Patient Guide](#)
[Prescribing Information](#)

Materials for Patients

professionals committed to advancing bone health.

Become a BHOF Professional Member

Join BHOF as a professional member to unlock full access to BoneSource and elevate your practice with the latest in clinical education and resources.

Visit [BoneSource®](#) today!

[Vertebral Compression Fracture Bundle \(VCF\) 2023-2025](#)

Thanks to support received from Medtronic, BHOF's Professional Learning Center contains the [Vertebral Compression Fracture Bundle 2023-2025](#). This bundle includes informative activities on identifying, understanding, and managing vertebral fractures.

Newsletters on the following topic are available.

- *Identifying Osteoporosis-Related Vertebral Fractures in Primary Care*
- *Management of Vertebral Compression Fractures in Primary Care*

BHOF thanks Medtronic for its support of the Vertebral Compression Fracture Bundle!

[BoneFit™ USA](#)

BoneFit™ is an evidence-informed exercise training workshop, designed for exercise practitioners, to provide training

[Patient Guide](#)

[US Pharmacopeia \(USP\)](#)

[“Choosing for Quality: Dietary Supplements”](#), a publication of the USP Convention, provides pharmacists with useful information regarding quality considerations for dietary supplements that you can pass along to consumers.

[Capture the Fracture® Best Practice Framework \(BPF\)](#)

The International Osteoporosis Foundation (IOF) has developed Capture the Fracture®, a global program to facilitate the implementation of Post-Fracture Care (PFC) Coordination Programs, such as Fracture Liaison Services (FLS) for secondary fracture prevention.

The Capture the Fracture® initiative guides healthcare systems in implementing their own FLS, and provides a platform for the global exchange of existing projects and resources on FLS and local implementation strategies.

The Best Practice Framework (BPF) serves as the measurement tool for IOF to award 'Capture the Fracture Best Practice Recognition' in celebration of successful FLS worldwide. Applicants will be featured on the CTF's interactive map, and will be awarded the Capture the Fracture Best Practice Recognition logo.

[Please click here to complete the application for Best Practice Recognition.](#)

FROM OUR JOURNALS

on the most appropriate, safe, and effective methods to prescribe and progress exercise for people with osteoporosis. The program hosts two levels of trainings for exercise professionals: Basics trainings aimed at personal trainers and other exercise teachers and Clinical trainings aimed at physical therapists and clinicians who incorporate exercise recommendations into their practice.

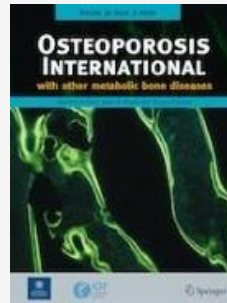
BoneFit™ USA workshops entail five (5) online modules as pre-course work via the BHOF online LMS, attendance at the one-day course, and completion of a final online quiz. The training consists of approximately six to eight hours of coursework in-person. Upon passing the quiz, each BoneFit™ participant receives a certificate of completion, is able to say they are “BoneFit™ Trained,” and appears in BHOF’s online “Find a BoneFit™ Professional” tool. [You can view more information on our website.](#)

[Click here to register!](#) Space is limited!

Opioid Use and Vertebral Compression Fractures

The Bone Health and Osteoporosis Foundation (BHOF) hosted a free webinar on Opioid Use and Vertebral Compression Fractures.

Topic: Vertebral Compression Fractures, Augmentation, Opioids and Mortality



Insulin resistance, bone health, and fracture risk

Ferah Armutcu & Eugene McCloskey

Summary

Insulin resistance, defined as an impaired biological response to insulin stimulation in target tissues, arises most frequently in the presence of central obesity. Although obesity is generally associated with increased bone mass, recent data challenge this view and, if complicated by T2DM, obese patients are at high risk for fragility fractures. IR may play a key role in this increased fracture risk through effects on bone quality rather than bone quantity. Further understanding of the mechanisms and approaches to prevent osteoporotic fractures in IR-related diseases is needed.

Risk factors associated with 1-year mortality after osteoporotic hip fracture in Hawai'i: higher mortality risk among Native Hawaiians and other Pacific Islanders

Luke Taylor, Masako Matsunaga, Hyeong Jun Ahn, Andrea M. Siu & Sian Yik Lim

Summary

We studied factors affecting osteoporotic hip fracture mortality in Hawai'i, a region with unique geography and racial composition. Men, older adults, higher ASA score, lower BMI, and NHPI race were associated with higher

Speaker: Joshua Hirsch, MD
Vice Chair Procedural Services
and Service Line Chief of
NeuroInterventional Radiology
Chief, Interventional Spine
Service
Associate Departmental Quality
Chair

[To access the webinar and
obtain CME/CE credit, please
click here.](#)

*BHOF thanks Medtronic for its
support of this activity.*

PATIENT RESOURCES

Understanding Osteoporosis Medications: Biologics & Biosimilars

On July 8, 2024, BHOF Chief Medical Officer, Andrea Singer, MD and Cate Lockhart, PharmD, PhD, Executive Director of the Biologics and Biosimilars Collective Intelligence Consortium, presented an informative webinar on osteoporosis medication and treatment options. This session covered the benefits and risks associated with various medications, provided insights into effective communication with healthcare practitioners about treatment plans, and explained the differences between biologics and biosimilars.

mortality. This is the first study demonstrating increased mortality risk after hip fracture in NHPI patients.

Among people on osteoporosis medication, loss of appendicular or total body lean mass is an independent risk factor for hip and major osteoporotic fractures

Lora M. Giangregorio, Mackenzie Ryann Alexiuk, Navdeep Tangri, Clara Bohm & William D. Leslie

Summary

People with prior lean mass loss had a ~10% higher risk of MOF and ~22–26% higher risk of hip fracture, and the results were similar in people on anti-osteoporosis medications. Loss of lean mass is associated with increased fracture risk. Patients should be encouraged to pursue strategies to prevent loss of lean mass

Efficacy and safety of candidate biosimilar CT-P41 versus reference denosumab: a double-blind, randomized, active-controlled, Phase 3 trial in postmenopausal women with osteoporosis

Jean-Yves Reginster, Edward Czerwinski, Krzysztof Wilk, Przemysław Borowy, Anna Strzelecka, Tomasz Budlewski, Monika Janowska-Maus, Krzysztof Szymanowski, Joanna Kwiatek, Svitlana Postol, Airi Pöder, Jerzy Supronik, SungHyun Kim, JeeHye Suh, NooRi Han, NaHyun Kim, SeoHee Bae & Stuart L. Silverman

Summary

This 78-week (18-month) study conducted in 479 postmenopausal women with osteoporosis evaluated the efficacy, pharmacodynamics, pharmacokinetics, safety, and immunogenicity of candidate biosimilar CT-P41 relative to US reference denosumab. CT-P41 had equivalent efficacy and pharmacodynamics to US-

Missed the Live Event?

The webinar recording is now available [here](#).

Additionally, the [Understanding Osteoporosis Medications: Biologics & Biosimilars](#) infographic, developed with support from Sandoz, is a patient resource that explains the differences between biologics, biosimilars, and generics. It's important to remember that there is no one-size-fits-all medication; the best option for you depends on multiple factors, including your health history and personal preferences. Always discuss treatment options with your healthcare provider.

BHOF extends sincere gratitude to Sandoz for supporting this educational initiative.

[Get Empowered with the Her Health Matters Podcast](#)

Join host Heather L. Maurer, MA, CAE, and NPWH CEO, on Her Health Matters—a podcast designed to keep you informed and engaged on vital health topics.

In the [latest episode](#), Dr. Andrea Singer, MD, FACP, CCD, Chief Medical Officer of the Bone Health & Osteoporosis Foundation (BHOF), discusses "Building Strong Bones: A Lifelong Approach to Bone Health." She covers essential topics, including prevention, the importance of screening, diagnosis, and effective

denosumab, with similar pharmacokinetics and comparable safety and immunogenicity profiles.

[Association of standardized serum 25-hydroxyvitamin D with falls in postmenopausal women](#)

Neil Binkley, Christopher T. Sempos, Gretta Borchardt, Jennifer Larsen, Mark L. Stacey, Samuel Mosiman & Joan M. Lappe

Summary

Vitamin D status has long been related to falls risk. In this planned secondary analysis of a vitamin supplementation trial in postmenopausal women, standardized 25-hydroxyvitamin D concentration up to 60 ng/mL was not associated with increased falls. Women with 25(OH)D \geq 60 ng/mL had higher odds of \geq 2 falls.

[Real-world rates and risk factors for subsequent treatment with vertebroplasty or balloon kyphoplasty after initial vertebral augmentation: a retrospective cohort study](#)

Joshua A. Hirsch, Christopher Gilligan, Ronil V. Chandra, Allan Brook, Nicolas C. Gasquet, Christine N. Ricker & Charlotte Wu

Summary

The purpose of this study was to determine the real-world incidence and predictors of additional vertebroplasty or balloon kyphoplasty after initial vertebral augmentation, as a proxy for subsequent symptomatic vertebral fracture. Of patients, 15.5% underwent subsequent vertebral augmentation. The patient's comorbidities are strongly associated with risk of subsequent treatment.

[One versus 2 years of alendronate following denosumab: the CARD extension](#)

Joy N. Tsai, Mackenzie Jordan, Hang Lee & Benjamin Z. Leder

management and treatment strategies.

[Listen here](#) or at your favorite podcast platform.

[CVEEP Shares New Resources on RSV Vaccination for Older Adults](#)

[Champions for Vaccine Education, Equity and Progress](#) (CVEEP) is pleased to share [new resources](#) in both English and Spanish to help raise awareness about the importance of RSV vaccination for older adults. As individuals prepare for flu and COVID-19 vaccinations, it's also crucial to consider RSV protection.

Key resources featured in the toolkit are:

- [What to Know About RSV for Older Adults](#)
 - [Lo que hay que saber sobre las vacunas contra el VRS para adultos mayores](#)
- [Does Insurance Cover RSV Vaccines for Older Adults?](#)
 - [¿Cómo cubre el seguro las vacunas contra el VRS para adultos mayores?](#)

The Centers for Disease Control and Prevention (CDC) also has [resources on RSV and older adults](#), including fact sheets available in [English](#) and [Spanish](#).

Summary

When denosumab is discontinued, antiresorptive therapy is critical to reduce high-turnover bone loss. The ideal duration of antiresorptive therapy after denosumab is uncertain. This study demonstrates that both 1 and 2 years of alendronate maintained bone density gains achieved with 1 year of denosumab.

Access the CVEEP toolkit today and join us in raising awareness about RSV vaccination for older adults!

Build Better Bones

The International Osteoporosis Foundation (IOF) has launched a new platform, [Build Better Bones](#), designed for people with osteoporosis and their caregivers. It provides easy-to-follow information and animated videos of targeted exercises, tips on how to fall-proof the home, and guidance on bone-healthy nutrition. [Click here to visit Build Better Bones.](#)

MyPlate

BHOF is featuring MyPlate/MiPlato and MyKitchen resources on our [main website](#) and [HuesoSanos website](#) through our Strategic Partnership with USDA. MyPlate Kitchen is a [recipe website](#) that helps with healthy meal planning, cooking, and grocery shopping. A calcium-rich diet is key for bone health. The site features a large, searchable database of healthy and budget-friendly recipes, options to download cookbooks or build your own, options to save/print/share recipes via social media, and much more! Make sure to browse the Category of “Get More Calcium” for helpful recipe ideas.

BHOF is also part of the MyPlate Life Stages Subgroups for Maternal and Infants, Children and Teens, Adults and Families, and Older Adults. The subgroups, led by the Center for

Nutrition Policy and Promotion (CNPP) MyPlate National Strategic Partners team, will develop MyPlate resources and work together to share these partner-created resources with their communities and networks.

SUPPORT BHOF

Season's Greetings from BHOF!

As we celebrate our 40th Anniversary, we extend our heartfelt gratitude to healthcare providers like you for your unwavering support in our mission to prevent osteoporosis and broken bones, promote strong bones for life, and alleviate human suffering. Your dedication is crucial to advancing our work in public and clinician education, advocacy, and groundbreaking research.

Together, we've made remarkable progress: raising awareness about bone health, delivering essential education to both the public and healthcare professionals, advocating for policies that support bone health, and conducting research that opens doors to innovative treatments and prevention strategies.

As we look ahead, we are excited to continue this vital work with your collaboration. If you'd like to support our mission further, consider making a

donation to BHOF. Your contribution will help us continue providing critical education, advocacy, and research to improve the lives of those at risk of or living with osteoporosis.

Thank you for being an essential part of our journey and mission over the past 40 years. Wishing you a joyful and restful holiday season!

Donate

FOLLOW US



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