

OSTEOPOROSIS AWARENESS AND PREVENTION MONTH

State of Wyoming By the Governor

WHEREAS, an estimated 54 million Americans have osteoporosis or low bone mass, and studies suggest that approximately 1 in 2 women and up to 1 in 4 men age 50 and older will break a bone due to osteoporosis; and

WHEREAS, approximately 1.8 million Medicare beneficiaries suffered approximately 2.1 million osteoporotic fractures a year [1] and osteoporosis-related bone fractures are responsible for more hospitalizations than heart attacks, strokes, or breast cancer; and

WHEREAS, the total annual cost for osteoporotic fractures among Medicare beneficiaries was \$57 billion in 2018 and is expected to grow to over \$95 billion in 2040 without reforms, as the population ages.

WHEREAS, in Wyoming over 3,000 Medicare beneficiaries suffered over 3,600 osteoporotic fractures in 2016; and

WHEREAS, an estimated 600 Wyomingites on Medicare suffered not just an initial fracture but also a subsequent fracture resulting in estimated costs of over \$15.8 million; and

WHEREAS, osteoporosis and the broken bones it can cause are not part of normal aging. Building strong bones begins in childhood and is essential to the prevention of osteoporosis care for our bones is important throughout our lives, but we reach our peak bone mass by early adulthood; and

WHEREAS, it is crucial that we raise awareness about bone health and osteoporosis among the public, health professionals and policy makers,

NOW, THEREFORE, I, MARK GORDON, Governor of the State of Wyoming, do hereby proclaim May as

Osteoporosis Awareness and Prevention Month

in Wyoming and encourage observation of appropriate good health programs and activities with respect to promoting good bone health through the lifetime and preventing and controlling osteoporosis.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Executive Seal of the Governor of Wyoming to be affixed this 15th day of April, 2024.



The Honorable Mark Gordon 33rd Governor of the Great State of Wyoming